

DEPARTMENT OF PSYCHIATRY

GOVERNMENT MEDICAL COLLEGE HOSPITAL, THE NILGIRIS

WORLD MENTAL HEALTH WEEK 2024

WORLD MENTAL HEALTH DAY CELEBRATED IN GOVT. MEDICAL COLLEGE HOSPITAL, THE NILGIRIS ON 10/10/2024 by the Department of Psychiatry.

THEME: IT IS TIME TO PRIORITIZE MENTAL HEALTH IN THE WORKPLACE.

10/10/24: AS PER THE THEME, WE CONDUCTED PROGRAMS FOR ECRC PATIENTS WHO PARTICIPATED IN SKIT FOR MENTAL HEALTH AWARENESS, DANCE, SPEECH AND SINGING AND SHOWED THEIR TALENT TOWARDS POSITIVE MENTAL HEALTH.



உலக மனநல வாரம்
மனநல மருத்துவத்துறை
அரசு மருத்துவக்கல்லூரி - நீலகிரி

மனநலம் இன்றி பிற நலம் இல்லை

மனநல மருத்துவத்துறை
GMCH - நீலகிரி

முதல்வர்
GMCH - நீலகிரி



SKIT PERFORMANCE BY EMERGENCY CARE AND RECOVERY CENTER(ECRC) PATIENTS

WORLD SUICIDE PREVENTION DAY 2024

WORLD SUICIDE PREVENTION DAY CELEBRATED IN GOVT MEDICAL COLLEGE HOSPITAL, THE NILGIRIS ON 10/09/2024.

THEME: CHANGING THE NARRATIVE ON SUICIDE

CHIEF GUEST: DR. GEETHANJALI MD.,(DEAN GMCH, THE NILGIRIS)

1. AS PER THEME WE CONDUCTED RALLY TO CREATE AWARENESS AMONG PUBLIC.
2. CONDUCTED QUIZ COMPETITION FOR CRMI STUDENTS FOLLOWED BY PRIZE DISTRIBUTION.

OBJECTIVES: GOAL IS TO RAISE AWARENESS ABOUT SUICIDE PREVENTION WORLDWIDE.



**அரசு மருத்துவக் கல்லூரி,
நீலகிரி மாவட்டம்.**

**WORLD SUICIDE
PREVENTION DAY**

10 SEP

**உலக தற்கொலை
முயற்சி தடுப்பு தினம்**

“ Say No to Suicide ”



RALLY TO CREATE AWARENESS AMONG PUBLIC





PLEDGE BY STUDENTS ON 12.08.2024 ON ACCOUNT OF INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING



போதைப் பழக்கத்திற்கு எதிரான உறுதிமொழி

போதைப் பழக்கத்தால் ஏற்படும் தீய விளைவுகளை நாமையாக அறிவேன். நான் போதைப் பழக்கத்திற்கு அமையாது. மேலும் எனது குடும்பத்தினரையும் பார்களையும் போதைப் பழக்கத்திற்கு ஆளாகாமல் தடுத்தற்கு அறிவுரைகளை வழங்குவேன். போதைப் பழக்கத்திற்குள்ளானவர்களை மீட்டடுத்து அவர்களை மீட்டடுத்து எனது பங்களிப்பை முழுமையாகத் தருவேன்.



போதைப் பொருட்களின் உற்பத்தி, நுகர்வு, பயன்பாடு மற்றும் வர்த்தகம் எதிரான தடுப்பு நடவடிக்கைகளின் மூலமாக போதைப் பொருட்களை தமிழ்நாட்டில் வேரறுக்க அரசுக்கு உதவியளிப்பேன். மாநிலத்தின் வளர்ச்சிக்கும் மக்களின் வாழ்விற்கும் நான் அர்ப்பணிப்புடன் பங்காற்றுவேன். உளமார உறுதிசூறுகிறேன்.

நன்றி! வணக்கம்!

WORLD MENTAL HEALTH WEEK 2025 [FROM OCT 10 TO OCT 16]

WORLD MENTAL HEALTH DAY CELEBRATED IN GOVT. MEDICAL COLLEGE HOSPITAL, THE NILGIRIS ON 10/10/2025 by the Department of Psychiatry.

THEME: ACCESS TO SERVICES - MENTAL HEALTH IN CATASTROPHES AND EMERGENCIES.

1. **06/10/25:** MENTAL HEALTH AWARENESS SPEECH GIVEN TO NURSING STUDENTS 2ND YEAR AND CONDUCTED SPEECH COMPETITION ON THEME TOPIC.
2. **07/10/25:** CONDUCTED QUIZ COMPETITION FOR 2023 BATCH MBBS STUDENTS.
3. **08/10/25:** DRAWING, EPOSTERS AND REELS COMPETITIONS CONDUCTED FOR MBBS STUDENTS AND PERFORMED SHORT FILM FOR MENTAL HEALTH AWARENESS.
4. **10/10/25:** PROGRAM INAUGURATED BY DEAN FOLLOWED BY PRIZE DISTRIBUTION.

GOVERNMENT MEDICAL COLLEGE
THE NILGIRIS
DEPARTMENT OF PSYCHIATRY

THEME - 2025
**MENTAL HEALTH IN
CATASTROPHES & EMERGENCIES**

You're cordially invited to the
**WORLD MENTAL HEALTH WEEK
OCTOBER 4 - 10 , 2025**

in the Guidance of
DR.J.SRISARAVANAN MS.,MCh(Neuro)
FNS Vascular (Japan) , FNS Skull(USA)
Dean, GMC , The Nilgiris

OCTOBER
10
FRIDAY **10** AM - 12 PM
2025

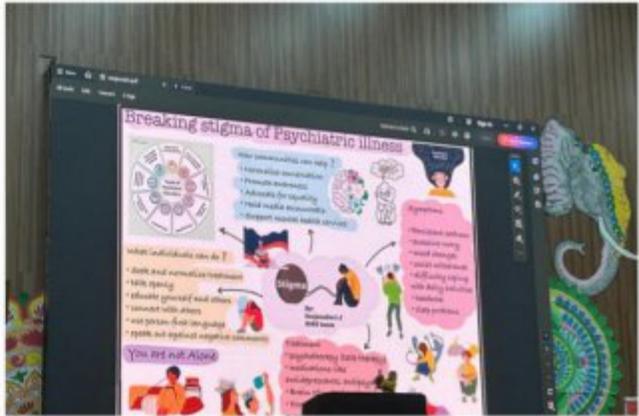
VENUE : AUDITORIUM

NO HEALTH
WITHOUT MENTAL HEALTH
DEPARTMENT OF PSYCHIATRY GMCH - THE NILGIRIS

GOVERNMENT MEDICAL COLLEGE
THE NILGIRIS
DEPARTMENT OF PSYCHIATRY
WORLD MENTAL HEALTH DAY
OCTOBER 10 , 2025

Time	Programme
10 Am	Tamil Thai Vazhthu
10.05 Am	Welcome Speech
10.10 Am	Lighting Of Kuthuvizhaku
10.15 Am	Speech by Chief Guest
10.30 Am	Speech Competition
10.50 Am	Short Film
11.10 Am	E - Posters Display
11.20 Am	Mental Health Awareness Spe
11.30 Am	Prize Distribution
11.45 Am	Oath Taking
11.50 Am	Vote Of Thanks
11.55 Am	National Anthem

NO HEALTH
WITHOUT MENTAL HEALTH
DEPARTMENT OF PSYCHIATRY GMCH - THE NILGIRIS



PRIZE DISTRIBUTION AND OATH TAKING BY FACULTIES, MBBS AND NURSING STUDENTS.



QUIZ COMPETITION FOR 2023 AND 2024 BATCH MBBS STUDENTS



WORLD SUICIDE PREVENTION WEEK 2025

WORLD SUICIDE PREVENTION WEEK CELEBRATED IN GOVT MEDICAL COLLEGE HOSPITAL, THE NILGIRIS FROM 10/09/2025 TO 13/09/2025.

THEME: CHANGING THE NARRATIVE ON SUICIDE

CHIEF GUEST: DR.J.SRISARAVANAN MS.,MCH(NEURO) (DEAN GMCH, THE NILGIRIS)

1. WORLD SUICIDE PREVENTION DAY CELEBRATED IN AUDITORIUM, GMCH, THE NILGIRIS AND OATH TAKEN BY SCHOOL STUDENTS AND COLLEGE STUDENTS ON 10/09/2025.
2. AS PART OF WORLD SUICIDE PREVENTION DAY, WE DISTRIBUTED PAMPELETS AND SETUP AWARENESS STALLS TO EDUCATE PEOPLE ABOUT MENTAL HEALTH AND SUICIDE PREVENTION.
3. SYMPHOSIUM CONDUCTED FOR FINAL YEAR MBBS STUDENTS ON BEHALF OF WORLD SUICIDE PREVENTION DAY ON 11/09/2025.
4. SKIT AND SHORT FILM WAS PERFORMED BY 2023 BATCH STUDENTS ON BEHALF OF WORLD SUICIDE PREVENTION DAY.
5. YELLOW RIBBON DISTRIBUTION TO COLLEGE STUDENTS AND SCHOOL STUDENTS TO CREATE AWARENESS.

OBJECTIVES: THE ACCOMPANYING CALL TO ACTION IS "START THE CONVERSATION".





OATH TAKING AND SYMPOSIUM BY 2021 BATCH MBBS STUDENTS



STALL, RIBBON DISTRIBUTION AND OATH TAKING BY SCHOOL AND OTHER COLLEGE STUDENTS



RALLY ON ACCOUNT OF INTERNATIONAL DAY AGAINST DRUG ABUSE & ILLICIT TRAFFICKING 2025





PLEDGE BY DEADDICTION PTS, DOCTORS, STAFFS AND WORKERS FROM GMCH, THE NILGIRIS





IN TAMILNADU PSYCHIATRY CONFERENCE (TANPSYCON) 2025, OUR STUDENTS WON 2ND PRIZE IN QUIZ COMPETITION

